



## Gardner Community Center

@ The Center for Employment & Training (CET)  
701 Vine St., San José 95110

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Supervisor: Tony Torres

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Bus Lines: 66, 68 and Light Rail

Types of Programs: Senior nutrition and youth programs.

## SENIOR SPECIAL EVENTS

**Gardner Senior Dance** \$5

Live band, food and door prizes.

Friday, January 10, 2004 • 1pm-8pm

**Valentines Day Party** Free

Friday, February 14, 2004 • 11am-1pm

## GARDNER SENIOR NUTRITION

**Nutrition Reservations** \$2

The Nutrition Program provides tasty and nutritious hot meals for seniors over 60 years of age. This is a great time to socialize with friends and family as well as meet new friends. Lunch is served Monday through Friday at 12:00pm — please check the monthly guide for the daily menu. Each meal provides one-third of the Recommended Daily Allowance for seniors. Occasional workshops are provided on a variety of topics. The suggested donation for seniors 60+ is \$2.00 and the guest fee for individuals under 60 is \$5.00. Reservations are required. Please call 408-279-1498 at least one day in advance, but not more than two weeks. The program also includes social activities, guest speakers, trips and special events. We also provide free transportation to those seniors living within the Gardner service area.

### Highlight

Bingo, loteria, guest speakers, health screening and much more.

### Free Morning Classes For Seniors

Sewing/Crochet	Wednesday	10:30am-2pm
Senior Exercise	Thursday	10:30-11:30am
Ceramics	Friday	9am-12pm

### Free Tax Assistance Program Provided By R.S.V.P

February through April 04. You call 408-279-1498 in advance for an appointment. NOTE: Time slots are filled on a first come first served basis.

### Senior Nutrition Committee

The Senior Nutrition Committee meets once a month on the 4<sup>th</sup> Thursday of the month from 11:00am-12pm. The group covers various topics such as input on programs and special events. In addition, the committee serves as a means for the participants to voice their issues and concerns regarding the senior program.

For more information call 408-279-1498

*Keep the Guide handy as  
reference...or recycle it by  
passing it along to a neighbor,  
or co-worker*

## Gardner Youth Program (11-17 Years Old) FREE

The Youth Program is open Monday – Friday from 3pm to 7 pm. The Drop-in program offers pool, ping-pong, video games, air hockey and foosball. The youth participants go on a wide variety of field trips to fun and interesting places, such as, local sporting events, concerts, and amusement parks.

Course#	Day	Date	Time	Age	Mtg.	Loc.
	Ongoing		2:30-7pm	11-17	1	GR

## PROGRAM HIGHLIGHTS

### Seasonal Sports Leagues:

Basketball January- April

Practices times vary, call 408-279-1498 for more information

### Gardner Youth Council

The group meets on the last Thursday of the month from 4-5pm. Come voice your opinion on what types of activities you would like to be offered at the Youth Center. The group also provides workshops and tackle social issues that the participants feel are important to address.

## YOUTH SPECIAL EVENTS

**Winter Break Snow Trip** \$20

February 18-19, 2004

### Gardner Computer Learning Center

The program offers classes in Computer Basics and Microsoft Office (Word, Excel, PowerPoint, Publisher). The lab is open daily from 9am – 4pm for community access. Seniors and adults primarily use the lab during the morning hours so that the youth and teens have access in the afternoon. Adults can use the lab to create resumes, email, perform job searches, etc. Kids can use the computers to do homework, learn typing skills, use the Internet for research, whatever they need! The lab is supervised at all times by a computer instructor to assist students and adults.

## SAN JOSE AFTER SCHOOL

Please see Roosevelt Community Center on page 97 for information on after school programs.